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| DAY/TIME | CLASS/ACTIVITY | INSTRUCTOR | ROOM |
| MONDAY |  |  |  |
| 9:00am - 11:30am | Knitting and Crocheting | Knit on your own | Room 7 |
| 9:00am – 10:00am | Line Dancing**\*** | Helen Walker | MP 1&2 |
| 10:00am – 11:00am | Senior Support Group | Susan | Annex Building Room 7 |
| 10:30am – 11:30am | Tai Chi | Nick | MP 1&2 |
| 11:30am | Lunch | (818) 885-5144 | MP 3 |
| 1:00 pm – 3:00 pm | French | Judy | Room 6 |
| 1:00pm – 4:00pm | Mahjong | Play on your own | MP 3 |
| 12:00pm – 3:00pm | Wilkinson Authors Group\* | Lynne Miller | Annex Building Room 7 |
| 1:30pm – 2:30pm | Arthritis Exercise | Briani | MP 1&2 |
| 2:30pm – 4:00pm | Body Dynamics | Barbara | MP 1&2 |
| TUESDAY |  |  |  |
| 9:30am – 11:30am | Bingo |  | MP 1, 2, 3 |
| 11:30am | Lunch | (818) 885-5144 | MP 3 |
| 12:30pm – 2:00pm | Goldenaires Chorus | Ann Anderson | MP 1 |
| 1:00pm – 3:00pm | World Issues | Ron Goodman | Annex Building Room 7 |
| 2:30pm – 3:30pm | Arthritis Exercise | Briani | MP 1&2 |
| WEDNESDAY |  |  |  |
| 8:30am – 11:15am | Art Fundamentals\* | Helen Jukoff | MP 3 |
| 9:00am – 10:00am | Ballroom without partner\* | Raoul | MP 1&2 |
| 9:30am – 11:00am | Spanish | Lillie | Room 6 |
| 10:00am – 11:00am | Ballroom Dance**\***  Intermediate | Raoul | MP 1&2 |
| 11:00am – 12:00pm | Ballroom Dance**\***  Intermediate/Advanced | Raoul | MP 1&2 |
| 11:30am | Lunch | (818) 885-5144 | MP 3 |
| 12:30pm – 2:30p.m. | Colored Pencil Drawing | Color on your own | Room 7 |
| 1:00pm – 3:00pm | Body Dynamics | Barbara | MP 1&2 |
| THURSDAY |  |  |  |
| 9:00am – 11:00am | Italian | Marilyn | Room 7 |
| 9:30am – 11:30am | Bingo |  | MP 1,2,3 |
| 11:30am | Lunch | (818) 885-5144 | MP 3 |
| 1:00pm – 2:30pm | TOPS Meeting |  | Room 6 |
| 1:00pm – 3:00pm | Dance Band | Allen Weiss Band Director | MP 1,2,3 |
| 1:00pm – 3:00pm  BY APPT.(818)756-7741 | Lawyer’s Visit  1st Thursday each month | Howard Schnee | Annex Building Room 2 |
| FRIDAY |  |  |  |
| 8:30am – 4:00pm  BY APPT.(818)885-5220 | AARP Mature Driving | Fred Gray | Annex Building Room 7 |
| 9:00am – 10:30am | Yoga**\*** | Jeanette Shelburne | MP 1&2 |
| 10:30am – 11:30am | Zumba Gold | Reina | MP 1&2 |
| 11:00am – 2:00pm | Advanced Watercolor | Paint on your own | Room 7 |
| 11:30am | Lunch | (818) 885-5144 | MP 3 |
| 1:00pm – 2:00pm | Ballroom without Partner**\*** | Raoul | MP 1&2 |
| 2:00pm – 4:00pm | Ballroom Dance**\*** | Raoul | MP 1&2 |

The billiard room is open Monday through Friday from 8:30a.m. until 4:00p.m.

Billiard room closes at 3:30p.m. on Tuesdays for cleaning

Donation $1 per day.

We are asking all participants and patrons to please donate $2 when you attend a class/activity.

**\***Additional fee may apply. Please speak with instructor.

Lunch is a suggested donation of $1.75 for those age 60 plus. Non-senior lunch is a fee of $7.52.

Persons with disabilities are welcome to participate in all activities. Reasonable accommodations will be made with prior arrangement.

Donations will allow us to enhance the services provided to the seniors of the Northwest San Fernando Valley. Thank you.

Please call the Trip Office at 818)701-1001 for information regarding center trips.