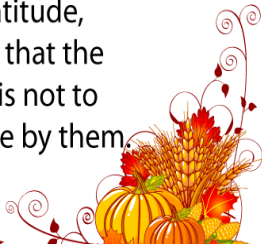







# DINING ROOM MENU FOR NOVEMBER 2019

Subject to change without notice.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.</p> <p>- John Fitzgerald Kennedy.</p> 		<p><b>LUNCH IS SERVED AT 11:45 A.M.</b></p> <p>BINGO IS PLAYED EVERY MONDAY, WEDNESDAY &amp; FRIDAY</p>	<p>KRYSTYNA GRUDZINSKI <i>Dining Coordinator</i></p> <p><b>SUGGESTED DONATION OF \$3.10 FOR THOSE 60 YEARS OLD AND OVER</b></p>	<p>1) MINISTRONE SOUP VEGETABLE LASAGNA WHOLE GRAIN ROLL MESCLUN SALAD MIX W/ CUCUMBER &amp; CELERY FRESH FRUIT</p>
<p>4) TOMATO BASIL SOUP TUNA NOODLE CASSEROLE W/WHOLE GRAIN NOODLES BROCCOLI SPINACH SALAD FRESH FRUIT</p>	<p>5) ORANGE JUICE TANDOORI CHICKEN PITA BREAD GINGER CARROTS MESCLUN SALAD MIX BANANA</p>	<p>6) SPAGHETTI W/ MEATBALLS ITALIAN VEGETABLE BLEND CAESAR SALAD FRESH FRUIT</p>	<p>7) TARRAGON TURKEY STEW W/ MUSHROOMS, PEAS &amp; CARROTS BISCUIT GREEN SALAD FRESH FRUIT CUP</p>	<p>8) TORTILLA SOUP BBQ CHICKEN WHOLE GRAIN ROLL BLACK-EYED PEAS CABBAGE &amp; KALE SALAD APPLE OR APPLESAUCE</p>
<p>11)  <b>DINING CENTER CLOSED</b></p>	<p>12) POTATO LEEK SOUP BAKED FISH VERA CRUZ WHOLE GRAIN ROLL GREEN BEANS BEET SALAD W/ ORANGES CHOCOLATE PUDDING</p>	<p>13) SOUTHWEST SHREDDED CHICKEN CORN TORTILLA PINTO BEANS SHREDDED CABBAGE W/ TOMATO &amp; CILANTRO FRESH FRUIT CUP</p>	<p>14) RED BEAN GINGER SOUP BEEF VEGETABLE STIR FRY JASMINE BROWN RICE SPINACH SALAD W/ MANDARIN ORANGE BANANA</p>	<p>15) MEATLOAF W/ MUSHROOM SAUCE WHOLE GRAIN BREAD SAGE MASHED POTATOES CARROTS &amp; PEAS FRESH FRUIT</p>
<p>18) VEGETABLE BLACK BEAN SOUP CARRIBEAN CHICKEN BROWN RICE CORN MIXED SALAD FRESH FRUIT</p>	<p>19) ORANGE JUICE TURKEY BOLOGNESE W/ PENNE ZUCCHINI &amp; CAULIFLOWER CAESAR SALAD APPLE</p>	<p>20) ALBONDOSAS SOUP BAKED FISH WHOLE GRAIN ROLL SWEET POTATO OR YAM BROCCOLI SALAD LEMON PUDDING</p>	<p>21) CHICKEN ADOBO WHOLE GRAIN ROLL CARROTS W/ HERBS COLESLAW FRESH FRUIT</p>	<p>22) ENCHILADA CASSEROLE CORN TORTILLA PINTO BEANS MESCLUN SALAD MIX FRUIT CUP W/ MANDARIN, PINEAPPLE &amp; MANGO</p>
<p>25) ORANGE JUICE SHEPHERDS PIE WHOLE GRAIN ROLL BROCCOLI SALAD GREENS W/ CELERY &amp; APPLE BANANA</p>	<p>26) BEEF FAJITA FLOUR TORTILLA SPANISH RICE PINTO BEANS CARROT, RAISIN SALAD FRESH FRUIT</p>	<p>27)  ORANGE JUICE TURKEY BREAST W/ GRAVY CRANBERRY SAUCE CORNBREAD STUFFING WHOLE GRAIN ROLL GREEN BEANS TOSSSED GREEN SALAD PUMPKIN PIE</p>	<p>28)</p> <p><b>DINING CENTER CLOSED</b></p> 	
		<p><b>THANKSGIVING PARTY</b></p>		